

C. Distribution of Nutrition Kits to Senior Citizens, Antenatal Women, Anganwadi Workers and Children



ONGC Ahmedabad, 2024-25



On January 3, 2025, the CSR wing of ONGC Ahmedabad Asset launched a nutrition kit distribution initiative aimed at senior citizens, antenatal women, Anganwadi workers and children in village Gangiyal, block Kathalal, Kheda District. The initiative targeted the specific nutritional needs of these groups to promote health and well-being.

Objectives

- Address Nutritional Needs: Identify and fulfill the nutritional challenges of elderly individuals and women.
- Promote Healthy Aging: Enhance elderly health with nutritious foods and health education.
- Support Women's Health: Provide tailored nutrition kits for antenatal women.
- Prevent Malnutrition, decrease malnutrition risks among vulnerable groups.
- Enhance Community Engagement: Foster community support through shared learning.
- Ensure Accessibility: Provide nutrition kits to all, regardless of socio-economic status.



A survey by village leaders identified 1,758 beneficiaries across six villages (Nani Adboli, Gangiyal, Ratanpura, Rampura, Nani Mundel, Gadval). Health experts customized nutrition kits based on age and health needs, which were distributed accordingly.

Output and Outcome

Feedback indicated gratitude and eagerness for more nutritional knowledge. Follow-up

assessments showed improved nutritional health among women and children, with anganwadi workers using kit resources to educate families. Overall, the initiative significantly enhanced health status and awareness within the community. Future efforts should focus on sustainability and ongoing education to maintain nutritional improvements.

